

Stand for
PEACE
AND
Freedom

CIVIL DEFENSE ACADEMY
ADVI[†]ERE

MILITARY & TACTICAL **BASIC TRAINING**

Your **all-inclusive* adventure vacation with side effects.
Book now your basic training crash course with
experienced veterans in Gran Canaria.

[†]
22.11. - 29.11.
NOVEMBER
2023

[†]
„All-Inclusive“ Preis

989€
per Person

***Excluding flight!** ✈️



MILITARY & TACTICAL **BASIC TRAINING**

Your personal adventure.

An active vacation under palm trees, sun, sea and the wild nature of Gran Canaria awaits you. You always wanted to know how a military basic training feels like? Beach and pool are too boring for you?

When you experience an intensive and realistic military basic training in our 7-day crash course under palm trees. Dive into the world of tactical training, self-defense and military close combat.

In our legendary mud spa, our animation team of seasoned veterans will keep you entertained. We don't have a sauna, but alternative "yoga exercises" are guaranteed to get your body temperature up, and instead of the usual umbrellas in your drink, you'll enjoy your delicious water cocktail from a hydration bladder on your back.

We look forward to welcoming you and your new Battle Buddies to our Advivere Spa Club.

Your Advivere Instructor Team





-  **TCCC (Tactical Combat Casualty Care)**
-  **TACTICAL TRAINING**
-  **MILITARY COMBAT TRAINING**
-  **SURVIVAL BASICS**
-  **BATTLEFIELD EXPERIENCE**



• **Board & lodging**

Experience an unforgettable time in our wooden cabins in the forest! Enjoy three delicious meals a day in the form of a varied buffet. Our cozy accommodations offer you the perfect retreat in the midst of nature. Let our friendly staff wake you up in the morning and encourage you to get in some early morning exercise.

• **Military Combat PT-Training:**

True to the US Army motto - *Be all you can be* - we bring out the best in you. Military Combat Training consists primarily of equipment-free calisthenics exercise using your own body weight according to the US Army PT Training Manual and an obstacle course.

• **Tactical Training:**

Gain tactical knowledge and master important skills to be successful in a variety of situations. Learn how to move tactically (choreography) and act strategically (theory).

• **TCCC (Tactical Combat Casualty Care):**

Our Medic team teaches you in a crash course, knowledge in life-saving measures for combat-related injuries. Become a competent first aider in demanding situations.

• **Hand2Hand Combat: (Martial Arts)**

Learn effective self-defense techniques and develop your skills in hand-to-hand combat. Our Hand2Hand Combat is based on various fighting techniques such as Krav Maga, Jiu-Jitsu, Aikido and MMA.

• **Survival Basics:**

Learn the 5 basic survival skills; Fire, Shelter, Signaling, Food & Water and First Aid to survive in extreme situations.

• **Realitätsnahes Combat Training:**

By putting together the previously mentioned skills, you will experience authentic and realistic Combat Training on a state-of-the-art facility. Finally, you will feel the thrill and excitement of a real military operation, with special (airsoft training weapons) and a complete BDU (Battle Dress Uniform) with plate carrier, helmet and everything to make the training as realistic as possible and simulate the feeling experience of a real operation.

• **An instructor team of experienced veterans from various military and governmental units.**



PROGRAM OVERVIEW **SCHEDULE**

Tactics, strategy and fitness

- discover your limits and grow beyond yourself!

Rise to the challenge! Our 1-week crash course is all about pushing yourself to your limits and developing new skills like discipline and self-reflection. Our experienced instructor team will train you in tactical thinking and strategic action.

You will learn to analyze complex situations, make quick decisions and work effectively in a team. At the same time, we attach great importance to your physical fitness, because only with a strong body can you achieve top mental performance.

Discover yourself and grow beyond your limits. Our crash course offers you a unique opportunity for personal development. In a supportive and motivating environment, our dedicated coaches will guide you and help you achieve your individual goals.

Meet new like-minded people and become Battle Buddies. To top it off, you'll receive an official certificate of participation and exclusive personalized stainless steel DogTags.



WEDNESDAY / ARRIVAL

- Pick up at the airport by Advivere shuttle service
- Drive to Base Camp / check in
- Class 1 / team introduction / program schedule / handing out equipment
- Dinner

SUNDAY / BEACH

0500 // Formation & Marching
0600 // PT Training (Sports)
0800 // Breakfast
0900 // Departure beach
1000 // PT Training (Parkour)
1300 // Lunch (MRE)
1500 // Close combat
1800 // Class 6: Field Training (Theory)
2000 // Departure Camp

THURSDAY/ CAMP

0500 // Formation & Marching
0600 // PT Training (Sports)
0800 // Breakfast
0900 // Class 2: TCCC
1200 // Lunch
1400 // Class 3: TCCC
1700 // PT Training (Parkour)
2000 // R&R (Rest & Recuperation)

MONDAY / BEACH

0500 // Formation & Marching
0600 // PT Training (Sports)
0800 // Breakfast
0900 // Departure beach
1000 // PT Training (Parkour)
1300 // Lunch (MRE)
1500 // Close combat
1800 // Class 6: Field Training (Theory)
2000 // Departure Camp

FRIDAY / CAMP

0500 // Formation & Marching
0600 // PT Training (Sports)
0800 // Breakfast
0900 // Class 4: Field Training (Theory)
1200 // Lunch
1400 // Close Combat
1700 // PT Training (Parkour)
2000 // R&R (Rest & Recuperation)

TUESDAY / BATTLEFIELD

0630 // Breakfast
0800 // Departure to Battlefield
0900 // Check-in Battlefield
1430 // BBQ & Closing Ceremony
2000 // R&R (Rest & Recuperation)

SATURDAY / CAMP

0500 // Formation & Marching
0600 // PT Training (Sports)
0800 // Breakfast
0900 // Class 5: Field Training (Theory)
1200 // Lunch
1400 // Close Combat
1600 // Climbing & Rappelling
1900 // R&R (Rest & Recuperation)

WEDNESDAY/ DEPARTURE

- Breakfast
- Check out / Base Camp
- Departure to the airport by Advivere Shuttle Service

Your weekly schedule could look something like this. We reserve the right to make changes to the program for tactical reasons.



WHAT YOU NEED REQUIREMENTS

• Voraussetzungen / Requirements:

You must be at least 18 years old to participate in the course. Please be physically and mentally fit and avoid alcohol and other intoxicating substances. Political motives and terrorist activities are not allowed. For safety reasons, there should be no cardiovascular disease. A liability waiver must be signed prior to participation, but don't worry, liability insurance is included.

Failure to comply with these requirements will result in immediate expulsion.

• Equipment / Gear:

For your action-packed vacation, you will need comfortable, athletic clothing as well as appropriate athletic shoes, hiking boots or sturdy combat boots. Don't forget to pack a swimsuit in case you're looking for a refreshing dip in the water, and remember to bring plenty of deodorant and sunscreen to keep you fresh and protected. Our Advivere package already includes practical accessories such as flipflops, hydration bladder, t-shirts, etc. that will make your life easier during your vacation. Uniforms, plate carriers, accessories and weapons are provided by us, so you are well equipped for the action packed activities.

• Catering / MRE's:

Don't worry, during the event we will provide you with enough water to keep you hydrated. In addition, the price includes a daily breakfast, lunch and dinner buffet with delicious local Canarian specialties. You will be able to enjoy the variety of Canarian cuisine! Please note that alcoholic beverages are not allowed during your stay at Base Camp and during the event sessions. This is for safety reasons and ensures that you can fully concentrate on the training during the activities.

During the training sessions we may use MREs (Meals Ready to Eat) to make sure that you get enough food and get full.



Scan your Packing List:

To make your vacation easier, you can download our recommended "Packing List" by scanning the QR code.





YOUR ACCOMMODATION **BASE CAMP**

• **Base Camp „El Garanon“**

Welcome to beautiful El Garañón, the perfect place for Advivere Military Basic Training! Here, at 1,690 meters above sea level in the Llanos de la Pez (Tejeda), a new and action-packed experience awaits you. Our unique log cabins blend in perfectly with the wooded surroundings and can accommodate up to 150 people. You'll feel right at home as you prepare for your adventures. So grab your adventure gear and let's have fun together!

• **Battlefield „Hangar 37“**

Welcome to the exciting Battlefield "Hangar 37"! With over 10,000 square feet of space, including buildings, tunnels, trenches, military vehicles and more, we offer you an unforgettable and realistic adventure. Military Basic Training prepares you for just that day. Put what you've learned into practice and get ready for pure thrills and adrenaline!





WHERE THE JOURNEY LEADS **DESTINATION**

Gran Canaria - Europe's Hawaii

Gran Canaria, the "island of eternal spring", is simply magical! Here you can expect gorgeous beaches, breathtaking landscapes and a mild climate that provides perfect conditions all year round.

The island offers something for everyone: from lively coastal towns like Las Palmas de Gran Canaria to picturesque villages in the island's interior. Stroll through winding streets, discover historical sights and enjoy local delicacies in cozy restaurants.

Nature on Gran Canaria is incredibly diverse. From the golden dunes of Maspalomas to the majestic peaks of the Tamadaba mountain range, there are countless ways to experience the beauty of the landscape. Explore green valleys, conquer peaks or dive into the fascinating underwater world while scuba diving.

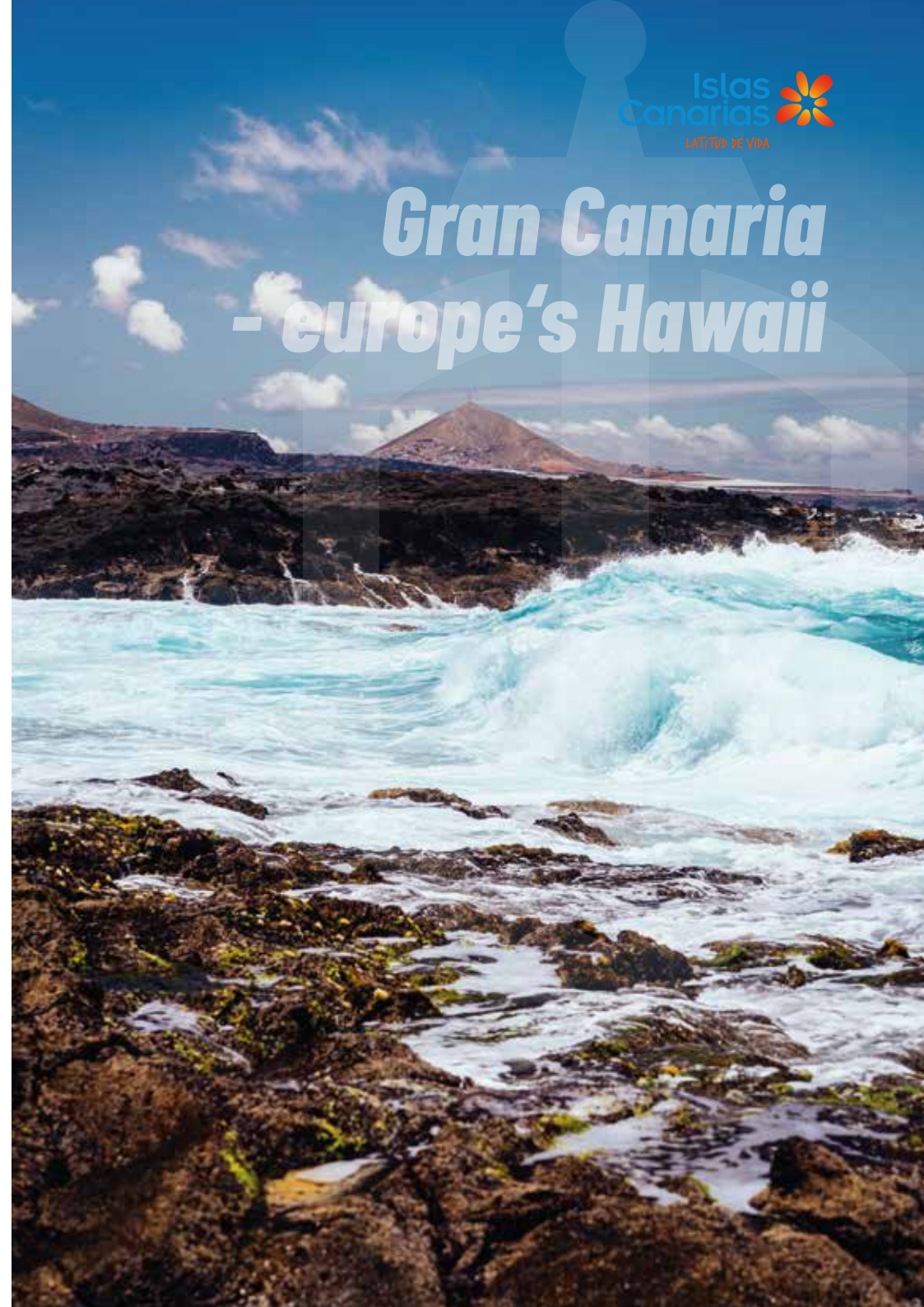
Sports enthusiasts get their money's worth here. Water sports like surfing, windsurfing and kitesurfing are very popular. There are also numerous opportunities for hiking, biking, golfing and much more.

The cultural diversity on Gran Canaria is equally impressive. Visit historical sites such as the Cathedral of Santa Ana or the Casa de Colón, dedicated to the famous explorer Christopher Columbus. Get carried away by the colorful festivals and events and immerse yourself in Canarian culture and tradition.

After the program you will have time to relax and explore on your own. Whether you are looking for relaxation, adventure or cultural discovery, Gran Canaria will not disappoint. It is simply a magical place waiting for you to explore!



Gran Canaria - Europe's Hawaii



MILITARY & TACTICAL BASIC TRAINING

Please book your
own flight!

**EXCLUDING
FLIGHT**



CIVIL DEFENSE ACADEMY

ADVIVERE

HQ Location] GPS B; 51.621638 L; 7.676958

Camp Location HQ] GPS B; 28.389883 L; 16.523569

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Just scan
and book

ALL INCLUSIVE:



Shuttle Service



Base camp accommodation



Catering



Survival Skill Class



TCCC Class



Tactical Class



Hand 2 Hand Combat Class



Climbing & rappelling (Canyoning)



Sun, beach & waves



Forest, wilderness & mudd